



Physical Education

9-12/Health

April 16, 2020



9-12 Health

Lesson: April 16, 2020

Objective/Learning Target:

Chapter 13.1 Sexually Transmitted Infections: What You Should Know

- Explain how people can contract STI's
- Describe what happens when a person contracts an STI
- List the three critical components for effective treatment of an STI
- Identify the most effective way to prevent STI's
- Determine resources available for people dealing with STI's

Bell Work

Before You Read

Preliminary Questions

Many STIs are asymptomatic, meaning they exhibit no visible symptoms. How do you think this might affect an infected person's health? What roles do symptoms play in motivating people to seek treatment? How do you think asymptomatic infections can be diagnosed? On a separate sheet of paper, answer these questions. As you read this lesson, add new information to your answers.

Sexually Transmitted Infections (STIs)

Infections that are transmitted by sexual contact, and are caused by bacteria, viruses, or protozoa that live in and on reproductive organs

STIs and Health Problems

- Asymptomatic - the quality of exhibiting no recognizable signs or symptoms of disease

Preventing STIs

- Abstinence - the decision and practice of refraining from sexual activity
- Refusal Skills
- Latex Condom - a birth control device that provides a barrier to semen and microorganisms that cause STIs

Activity

Real World Health

Chris and Stacy have been dating for three months, and Chris just asked Stacy to the prom. The relationship is starting to get serious, and they have even said they love each other and want to possibly attend the same college. Lately, Chris has been pressuring Stacy for sex, but she does not feel ready to take this step in the relationship. Stacy is excited about prom, but she does not want the night to be ruined by Chris pressuring her. Write a dialogue between Chris and Stacy in which Stacy firmly, yet fairly, communicates her feelings to Chris. She should use good refusal skills against all of Chris's pressuring tactics.